

# COVID-19 Specific Communicable Disease Management Plan

**School District:** Lake County School District #21

**School Name:** Adel School

**Superintendent:** Jack Thompson

**Consulting RN, School Nurse, or Medical Professional:** Lake County Public Health District, Judy Clark

**For questions, or to report a possible or confirmed exposure, contact the Communicable Disease Reporting Line:  
Lake County: 1-541-947-6045**

## Updates and Review:

All schools should use the [Ready Schools, Safe Learners Guidance](#) and consider the language in that document to be the most up-to-date.

Plan Component	Required	Recommendations and Considerations
<p>A protocol to notify the local public health authority (LPHA) of</p> <ol style="list-style-type: none"> <li><b>Any confirmed COVID-19 case(s)</b> among students or staff.</li> <li><b>Any cluster of illness</b> among students or staff (2 or more).</li> </ol> <p><a href="#">COVID-19 Scenarios &amp; Planning</a></p>	<p><b>Infection Control</b></p> <p>Lake County School District #21 will implement measures to limit the spread of COVID-19 within our schools and facilities. Control, mitigation, and prevention measures will include appropriate disinfectant/sanitizing procedures; monitoring and isolation/exclusion for illness among symptomatic staff and students; use of optional face coverings; and maintaining an established cohort group. Lake County Education Service District (LESD) staff will continue to review and update all district policies and plans related to communicable diseases and student health and wellbeing as required or recommended by local, state, and federal regulations, laws, and guidelines. The OSHA risk assessment has been conducted for LESD. This rural school has fewer than 10 employees and are exempt from completing the risk assessment.</p> <p><b>Communicable Disease Management Plan</b></p> <p>Lake County School District #21 has updated this Communicable Disease Management Plan to reflect best practices and protocols for COVID-19. A copy of this plan is available for public review at the LESD office. <i>The Communicable Disease Management Plan can be found under <a href="#">Documents</a> on the website <a href="http://www.lakeesd.k12.or.us">www.lakeesd.k12.or.us</a></i></p>	<p>If anyone who has entered school is diagnosed with COVID-19, report to and consult with the LPHA regarding cleaning and possible classroom or program closure (<a href="#">LPHA directory</a>).</p>

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	<p>A single point-person has been established at the ESD and each school to implement, support and enforce all RSSL health and safety protocols including face coverings and physical distancing requirements. Concerns in regards to the implementation and enforcement of all RSSL health and safety protocols including optional face coverings and physical distancing requirements may be shared with the superintendent at Lake ESD.</p> <p>The following statement is to be included in the student handbook and/or shared with all families: In the event that your child is diagnosed with COVID-19, we ask that you call your school's teacher as soon as possible. If no one is available at the school please call Lake ESD at 541-947-3371 and speak to Jack Thompson.</p> <p><b>Designation of School Staff to Establish, Implement, and Enforce Guidance</b> Each school has designated the full-time teacher as the person to establish, implement, and enforce physical distancing requirements that are consistent with ODE and OHA guidance. Superintendent Thompson, will oversee and support teachers by notifying them of changes in requirements/recommendations.</p> <p><b>List of Lake County Public Health Staff, School Nurses, and Other Experts Who Provide Support and Resources to the Plan/Policies:</b></p> <p><b>Local Public Health Contacts:</b> Judy Clark, Director Lake County Health Department <a href="mailto:Judy.clark@">Judy.clark@</a> 541-947-6054</p> <p><b>Diane Brinkley, Harney County Nurse</b> Harney County Health Department <a href="mailto:dianebrinkley@yahoo.com">dianebrinkley@yahoo.com</a> 541-573-2271</p>	
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	<p>Suzanne Settle, Logistics Section Chief  Harney County Emergency Management  <a href="mailto:Suzanne.settle@co.harney.or.us">Suzanne.settle@co.harney.or.us</a>  541-573-2443/541-589-3827</p> <p><b>Reporting Process for Clusters of Illness</b></p> <p>The School designated person (teacher) will contact the ESD superintendent who will contact the Lake County Communicable Disease liaison at the LPHA.</p> <p><i>Note: FERPA allows schools to share personally identifiable information with local public health authorities without consent when needed to respond to a health emergency. Lake County School District #18 will work with the local health authority to ensure we are able to effectively respond to and control outbreaks through sharing of information, even without parental consent, when appropriate.</i></p>	
<p>Protocol for screening students and staff upon entry to school each day.</p>	<p><b>Screening Protocol</b></p> <p>Staff will conduct visual illness screenings of all students, staff and visitors to campus.</p> <p>Visual illness screening for COVID-19 symptoms consists of cough, fever or chills, shortness of breath, or difficulty breathing or new loss of taste or smell. COVID-19 symptoms may also include the following, but these are less specific and not recommended as criteria for exclusion from school alone: new loss of taste or smell, headache, muscle or body aches, nausea or vomiting, diarrhea, fatigue, congestion or runny nose. (Note: vomiting and diarrhea are listed in OAR 333-019-0010 as conditions for restriction from school, independent of COVID-19).</p> <p>Upon arrival at the school all staff, students and visitors will be expected to use an alcohol-based hand sanitizer with 60-95% alcohol upon entry to school each day.</p> <p>Students displaying more than one COVID-19 symptom will be asked to return home or to report to the isolation room and sent home as soon as possible. If a student is exhibiting signs of illness, they are to remain home for 10 days after symptoms first appeared and until 24 hours after fever is resolved, without the use of fever-reducing medicine, and other symptoms are improving.</p> <p>Students and staff should remain home if ill, including COVID-19 symptoms. Vaccinated individuals do not need to isolate if members of their household or those with whom you have had close contact with display COVID-19 symptoms. If you</p>	<p>Schools may consider collecting information about existing conditions that cause coughing on intake forms.</p> <p>Involve school nurses and School Based Health Centers (SBHCs) in development of protocols and assessment of symptoms when available. Consider connecting with School Nurses and other contracted RNs where available.</p> <p>Screening protocol must recognize that students and staff who have conditions that cause chronic symptoms (e.g., asthma, allergies, etc.) should</p>

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	<p>are unvaccinated and members of your household or those with whom you have had close contact with display COVID-19 symptoms you should isolate. All schools will follow LPHA advice on restricting from school any student or staff known to have been exposed to COVID-19 within the preceding 10 calendar days. Individuals who are vaccinated, not showing symptoms after day 5, may return to school and wear a mask for the remainder of the 5 days and isolate themselves from others.</p>	<p>not be automatically excluded from school. <b>Cough is an exception:</b> Staff or students with a chronic or baseline cough that has worsened or is not well-controlled with medication should be excluded from school. Do not exclude staff or students who have other symptoms that are chronic or baseline symptoms (e.g., asthma, allergies, etc.) from school.</p> <p>For students or staff with other symptoms, see <a href="#">guidance</a> from the Oregon Department of Education and the Oregon Health Authority.</p>
<p>Communication protocol for COVID-19 cases.</p>	<p>Teachers and/or the district clerks are the main contacts for communication of COVID-19 cases and concerns. They will contact the ESD within 24 hours of a known or suspected COVID-19 case.</p> <p><b>LESD – 541-947-3371 (Jack Thompson)</b>  <b>503-551-6401 (Jack Thompson)</b></p> <p><b>LESD will contact LPHA - 541-947-6045</b></p> <p>LESD will inform school board chairs.</p> <p>Teachers will contact parents of student in isolation and all families in the cohort.</p> <p>Talking point for communication in regards to a COVID-19 case. “There has been a verified positive COVID-19 case in our school. We are calling to inform you that your child was in a cohort group with this individual. At this time you may still</p>	<p>Isolation measures and optional face covering are directed by Lake County Health Department.</p> <p>Consult with LPHA officials on what constitutes “exposure”.</p>

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	<p>send your child to school. Please monitor your child for the following symptoms: cough, fever or chills, shortness of breath, or difficulty breathing or new loss of taste or smell. If your child exhibits symptoms please keep them at home and contact the school.”</p> <p>Lake ESD will work with all schools prior to school starting and at periodic intervals explaining infection control measures that are being implemented to prevent the spread of disease. SafeSchools training as well as information from the CDC will be shared. Initial training was conducted as part of the rural teacher back to school inservice. Updates and additional training is provided as needed.</p> <p>All buildings have been provided with "<a href="#">COVID-19 Hazard</a>" posters to prominently display in buildings.</p> <p>In the event of a presumptive or confirmed COVID-19 case in the Adel school in Lake County, Oregon, our Communicable Disease partners at the local county health department will provide guidance as we lead response efforts.</p>	
<p>Staff will use isolation protocol and cohorting for stable groups or individual students to support potential spread of COVID-19 in the school setting.</p>	<p>This plan includes:</p> <ul style="list-style-type: none"> <li>● Isolation of student/stuff showing symptoms or potential exposure if unmasked &amp; unvaccinated</li> <li>● Parent/staff communication for pickup</li> <li>● Cohorting and distancing of other students of potential exposure</li> </ul> <p>Lake County School District #21 will follow Ready Schools, Safe Learners guidance and maintain individual health information on all individuals at the school on Health Log.</p> <p>These logs will be stored by the teacher for a minimum of four weeks after completion of the term.</p> <p>Health logs are maintained for the purpose of supporting the LPHA.</p>	<p>Use of isolation measures if showing symptoms or positive COVID-19. Physical distancing and use of optional mask wearing.</p>
<p>Record of anyone entering the facility.</p>	<p>All visitors to the building will sign in on a daily log. Logs will be maintained in a binder and kept by the teacher at the school.</p> <p>Format for daily log:</p> <ul style="list-style-type: none"> <li>● Name</li> <li>● Contact information</li> <li>● Date of visit</li> <li>● Time of entry and exit</li> </ul>	

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	<p>District/school will maintain a log for a minimum of 4 weeks after completion of the term.</p> <p>Parent/guardian name and emergency contact information will be updated and maintained by the teacher.</p> <p>Note: We are one cohort since we have less than 10 students per class.</p>	
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## Isolation Measures

Plan Component	Required	Recommendations and Considerations
<p>Protocol to restrict any potentially sick persons from physical contact with others.</p> <p><a href="#">COVID-19 Exclusion Guidelines K-12 Schools</a></p> <p><a href="#">State-wide COVID-19 Isolation and Quarantine</a></p>	<p>Adel School students and staff who report or develop symptoms of cough, fever, chills, shortness of breath, difficulty breathing, or new loss of sense of smell or taste, while at school will be isolated in a designated isolation area in the school or building or outside learning space with adequate space and staff supervision, maintain wearing face coverings to the extent possible and symptoms will be monitored by school staff until they are able to go home. An explanation of procedures, including the use of PPE and handwashing will be explained to the student. An isolation area has been established at the Plush school.</p> <p>Anyone providing supervision and symptom monitoring must wear a medical-grade face mask. Other PPE may be needed depending on symptoms and care provided. Any PPE used during care of a symptomatic individual should be properly removed and disposed prior to exiting the care space. After removing PPE, hands should immediately be cleaned with soap and water for at least 20 seconds. If soap and water are not available, hands can be cleaned with an alcohol-based hand sanitizer that contains 60-95% alcohol.</p> <p>An emergency contact or family member will be called and asked to safely transport the child home or to a healthcare facility.</p> <p>School staff will keep a record of the students and staff being isolated or sent home for the LPHA review.</p> <p>Staff and students who are ill must stay home from school and must be sent home if they become ill at school, particularly if they COVID-19 symptoms. Refer to the following resource:  <a href="https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/Planning%20and%20Responding%20to%20COVID-19%20Scenarios%20in%20Schools%20August%202020.pdf">https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/Planning%20and%20Responding%20to%20COVID-19%20Scenarios%20in%20Schools%20August%202020.pdf</a></p>	<p>Anyone developing cough, fever, chills, shortness of breath, or difficulty breathing while at school must be given a face covering to wear, isolated from others immediately; and sent home as soon as possible.</p> <p>Anyone with these symptoms must remain home for at least 10 days after illness onset and 24 hours after fever is gone, without use of fever reducing medicine, and other symptoms are improving.</p> <p>Involve school nurses and school-based health centers (SBHCs) in development of</p>

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	<p>Adel School will follow LPHA advice on restricting from school any student or staff known to have been exposed (e.g., by a household member) to COVID-19 within the preceding 10 calendar days unless they have been vaccinated.</p> <p>Adel School will provide a remote learning option for students who are required to be temporarily off-site for isolation.</p> <p>Adel staff will identify isolation areas on buses, likely the last seat on the passenger side of the bus &amp; mask provided.</p> <p>LESD attests that Adel School has an adequate supply of face coverings; LESD will provide assistance in securing additional face coverings if needed.</p>	<p>protocols and assessment of symptoms, when available.</p>
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### Environmental Management

Plan Component	Required	Recommendations and Considerations
<p>Ensure hand hygiene on entry to school every day: wash with soap and water for 20 seconds or use an alcohol-based hand sanitizer with 60-95% alcohol.</p> <p>Hand washing is required before every meal and after restroom use.</p> <p>Staff hand washing is required before contact with new cohorts.</p> <p>Handwashing of any volunteers in the building is required.</p>	<p>Regular hand washing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. Washing hands can keep you healthy and prevent the spread of respiratory and diarrheal infections from one person to the next.</p> <p>OHA and ODE strongly advise that schools create protocols and systems to ensure access to soap, water and alcohol-based hand sanitizer with at least 60% alcohol at the key times named below and that schools prioritize handwashing with soap and water after students or staff use the restroom and before participating in meal services.</p> <p>Adel School District has prepared and distributed to all schools posters and resources that encourage and explain proper handwashing and respiratory etiquette.</p> <p><i>Sample posters and resources can be found under <a href="#">Documents</a> on the website <a href="http://www.harneyesd.k12.or.us">www.harneyesd.k12.or.us</a></i></p>	
<p>Appropriate cleaning and contingency plans for routine infection prevention, and for closing cohort, schools, or districts based on identified COVID-19 cases and in compliance with public health and CDC guidelines.</p>	<p>Routine cleaning and infection prevention will be conducted on a daily basis when students are in school. Each school has added additional resources to help mitigate the spread of communicable disease.</p>	<p>Routine cleaning and disinfecting should follow <a href="#">CDC cleaning and disinfecting guidance</a>, and includes cleaning</p>

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	<p>The protocol for cleaning and classroom closure in case of a COVID case in a single cohort is to have the custodian clean the entire school as soon as possible. Students and staff will be allowed back into the building after complete cleaning has occurred.</p> <p>Protocol for cleaning after school-wide exposure will remain the same as a single cohort as we only have one cohort in each building.</p> <p>Protocols include the type and storage location of supplies and the person(s) responsible – each school has established a maintenance supply location where supplies are to be stored and kept away from students. Each building custodian will be responsible for maintaining an adequate supply.</p>	<p>classrooms between groups, playground equipment between groups, restroom door or faucet handles, etc.</p>
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### Physical Distancing and Protection

Plan Component	Required	Recommendations and Considerations
<p>Maintain three feet of physical distance between people.</p>	<p>Schools and facilities will strive to maintain three feet minimum. This includes staff meetings, professional development, conferences and trainings. Consideration for remote web-based meetings will be given. A minimum of 35 square feet per person is available in classrooms, cafeteria, gyms, and other building locations.</p> <p>Steps will be taken to minimize the time standing in lines and to ensure that required distance between students is used.</p> <p>Adel School will establish cohorts of students using the same classrooms with the same teachers each day.</p> <p>Adel School will make accommodations for students who will need additional support in learning how to maintain physical distancing requirements by providing instruction; rather than employing punitive discipline.</p> <p>Adel School will employ measures as outlined by the LPHA to comply with standards for transporting students by bus. This may include multiple bus routes to minimize occupancy on the bus.</p> <p>Adel School is small and thus only has one cohort.</p> <p>Adel School understands that the smaller the cohort, the less risk of spreading disease. As cohort groups increase in size, the risk of spreading disease increases. Adel Schools will make efforts, if necessary, to minimize interaction between students in different stable cohorts (i.e., access to restrooms, activities, common areas).</p>	<p>Minimize time standing in hallways; consider marking spaces on floor, one-way travel in constrained spaces, staggered passing times, or other measures to prevent congregation and congestion in common spaces.</p> <p>Schedule modifications: consider ways to limit the number of students in the building (rotating cohorts by half days or full days).</p>

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	<p>An exposure is defined as a susceptible individual, who has close contact for longer than 15 cumulative minutes in a day with a person who has COVID-19. Schools should work with their LPHAs to establish who was exposed, and follow the LPHA’s determination of what is an exposure.</p> <p>If a student or staff member is diagnosed with COVID-19, then the LPHA should be consulted to review the situation. If a school cannot confirm that 3 feet of distancing was consistently maintained or 3 foot distancing with consistent mask use was maintained during the school day, then each person the confirmed case was in contact with will need to quarantine – this could include all members of a stable cohort.</p>	<p>Consider usable classroom space in making calculations.</p> <p>Establish cohorts of students using the same classrooms with the same teachers each day.</p> <p>Students should remain in one classroom environment for the duration of the learning day, unless this would severely impact educational needs.</p> <p>Teachers of specific academic content areas may rotate through student cohorts where feasible. In high schools or other settings where cohorts must change to allow individual curricula, maintain physical distancing and disinfect desks and high-touch surfaces between groups.</p> <p>Restrict interaction between students; e.g. access to restrooms, activities, common areas.</p>
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<p>Face coverings for staff and students.</p> <p>Note: Governor’s orders are changing often: <a href="https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2288K.pdf">https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2288K.pdf</a>.</p> <p><a href="#">Mask Recommendations and Requirements - Universal Masking in Public Schools</a></p>	<p><b>Face coverings in the public school setting were lifted on March 11, 2022. At that time, the district moved to “optional” face covering per OHA ruling.</b> The school district will continue to follow procedures/guidelines in place for social distancing, isolation, and vaccine protocol. District will work with Local Public Health Authority with safe protocols to follow.</p> <p><b>Should at any time after March 11, 2022, the school district move back to implementation of face coverings for staff/students in the public school setting,</b> the district will follow OHA guidelines set.</p> <p>In October 2020 it was established that people without symptoms can spread the virus that causes COVID-19, and this is a significant contributor to person-to-person spread. Face coverings decrease the spread of COVID-19 as “source control” of a contagious person’s respiratory secretions. In addition, evidence continues to suggest that airborne transmission plays a role in the spread of COVID-19, via exposure to small droplets and aerosols that contain the virus and can linger in the air for minutes to hours. This means the virus may be able to infect people who are farther than 3 feet away from the person who is infected, especially in enclosed indoor spaces, when people are shouting, singing or exercising, and when air ventilation is suboptimal.</p> <p>ODE, OHA, schools, families and community organizations have important roles in preparing families and care takers to prepare younger children to wear face coverings safely and effectively if students chose to wear masks at school. This includes instruction on how to properly wear a face covering, desensitization support (getting used to wearing face coverings), recommended materials for homemade face coverings, proper care and cleaning.</p> <p>Oregon is placing a priority on ensuring that every student is able to attend school in-person for the entire school year. Students are required to attend school, which is a congregate setting where COVID-19 can spread easily if precautions are not taken. ODE, OHA, the CDC and the American Academy of Pediatrics (AAP) all agree that returning to full-time, in-person learning is best for our children.</p> <p>Children under 5 who are learning in preschool classrooms that operate in school settings are not required to wear face coverings but may do so as an option, including other early learning activities during school hours. For the purposes of OAR</p>	<p>See ODE/OHA guidance on face covering, shields, and masks.</p> <p>Adults may choose to wear face coverings.</p> <p>Staff who support personal care, feeding, and any 1:1 sustained contact with a student should wear a face covering.</p> <p>Staff who interact with multiple cohorts should wear a face covering in accordance with CDC guidelines.</p> <p>Students in grades K-12 years and over can choose to wear face coverings.</p> <p>Face coverings should be washed daily or a new covering worn daily.</p> <p>Provide disposable face coverings and instructions on appropriate face covering use to students, parents, families and staff (available on OHA website.)</p>
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	<p>333-019-1015, a person is not required to wear a face covering indoors when playing competitive extracurricular sport at any level. Other COVID-19 mitigation protocols (isolation, airflow/ventilation, etc.) remain local decisions.</p> <p>Schools and teams should continually provide instruction and positive reinforcement to help all students adapt to the changes in school facilities. Per OHA rule and guidance, it is acceptable for both fully vaccinated and unvaccinated people to be outdoors without a face covering.</p> <p>A face shield or face covering can be worn should staff or students choose to wear one during school. Face coverings are preferred over face shields, as they provide better containment of small aerosols that can be produced while talking.</p>	
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**\*\*\*\* Current COVID19 outbreak or conditions in your local community support you moving forward with your plan, subject to changing conditions. \*\*\*\***

I certify that I have received, carefully reviewed Lake County School District #21– Adel communicable disease management plan, including all links and attachments, and I agree to work with them on ongoing COVID-19 mitigation efforts. [Electronic LPHA signature: ]

Attestation to truthfulness of the plan: [Judy Clark, Lake County Local Public Health:]

Attestation to the truthfulness of the plan: [Jack Thompson, Lake ESD Superintendent: ]