

Adel School's Comprehensive Substance Use and Prevention Plan Lake County School District 21

A guide to youth substance use prevention
and education in alignment with Adel
School District Policies and State Rules.
(OAR 581-022-2045 and SB 238)
Updated: Fall 2025

Adel's Mission

In alignment with Warner Valley's way, the Adel School District is committed to fostering a positive educational environment that recognizes and nurtures each students' unique strengths, gifts, and talents. Our holistic approach aims to create an optimal learning experience tailored to the individual needs of every student.

Staff

Lane Stratton, Principal/Superintendent

Stacey Martin, Lead Teacher

Robin Shine, Teacher

Rosana Cahill, Counselor- SEL/Character Strong

Sammy Sharpe, Special Education Teacher

Sandy Taylor, Education Assistant

Tonya Stratton, School Clerk

The Adel School District Comprehensive Substance Use Prevention plan has been developed in accordance with a series of Oregon Senate Bills, Oregon Revised Statutes and Oregon Administrative Rules listed below.

District Policies

IGEAB - Drug, Alcohol and Tobacco Prevention, Health Education

JFCG/Jfch/JFCI - Use of Tobacco Products, Alcohol, Drugs or Inhalant Delivery Systems

KGB - Public Conduct on District Property
State Rules and Laws

OAR 581-022-2045 mandates that public schools provide comprehensive, age-appropriate prevention education on drugs and alcohol, integrated into the existing curriculum and aligned with state standards. This education, which must be scientifically based, addresses the health, safety, and academic consequences of substance use. The rule emphasizes involving parents in the education process, ensuring they are informed and engaged. Additionally, it requires that teachers and staff responsible for delivering this education receive proper training. Schools must regularly evaluate the effectiveness of their prevention programs and develop policies to reinforce consistent messaging about the dangers of drug and alcohol use. This rule reflects Oregon's commitment to promoting student health and safety through effective substance abuse prevention strategies.

SB 238 (2023) - SECTION 1. As part of the comprehensive alcohol and drug abuse policy and implementation plan described in ORS 336.222, the Oregon Health Authority, State Board of Education and Alcohol and Drug Policy Commission shall collaborate on developing curricula supplements to be implemented by school districts related to: (1) Dangers of synthetic opioids, including fentanyl or any substituted derivative of fentanyl, and counterfeit and fake drugs.

Additional Policies/Rules/Law

OAR 581-022-2060 - Comprehensive School Counseling

OAR 581-022-2220 - Health Services

OAR 581-022-2030 - District Curriculum

HB 3321(2025) - Definition of prevention

K-8 Instruction

The Adel School District implements McGraw Hill's "The Great Body Shop" for its K-8 curriculum. We support that curriculum with TSEL and Character Strong weekly lessons, community partners such as, School District Nurse and Lake County LEA guest presentations, and other resources such as ODE supported lessons from their website.

Referral Procedures

In a community of 50+/- adults, 10-15 school aged children, and 45 minutes from a town that has resources; Adel staff, students, and stakeholders rely on the School District and ESD staff and their connections and knowledge of services for all situations related to student well being. Because of our size, we are able to communicate face to face with our families and support them with necessary resources, including transportation and internet/technology access. Teachers work closely with the principal and counselor to ensure we have exhausted all resources available.

Resources

School Counselor -TSEL, Sources of Strength

Out Back Strong - County Behavioral and Mental Health

Lake County Public Health- provides the school nurse and other public health related services

Care Solace - Online platform that allows any district student, staff, or family member to receive support in accessing counseling services.

Lake County ESD - provides additional training and staff support that strengthens our plan. Tall Cop, Opioid 411 training.

Lake County Sheriff's Office and Juvenile Department

South Central Early Learning Hub (Community Uplift, Parent Resources)

Training

Vector Training - all staff yearly

QPR- ESD trainers that work with staff

CPI- Teachers are trained regularly in CPI

Conscience Discipline - All staff have received training in Conscience Discipline

Board/Community/Parent involvement/notification

Adel's Board reviews the plan and related policies yearly. Our five member board, composed of 4 parents, represents over 50% of our student population.

Communication

Monthly teachers report to the Board on district climate, studies, and student well-being.

Naloxone Letter mailed to parents

Care Solace flyers mailed out to families