Employment Assistance

COIC Career Center (541)947-5702 https://coic2.org WorkSource Oregon www.worksourceoregon.org **Community Education** Better Breathers (541)947-2114 ext. 322 (Teresa) Bicvcle Helmet Program (541)947-2114 ext. 386 (Abby) Car Seat Safety Checks (541)947-2114 ext. 386 (Abby) Childbirth Education (541)947-2114 ext. 381 (Megan) CPR and First Aid Training (541)947-2114 x216 (Brv) Smoking Cessation (541)947-2114 ext. 322 (Teresa) - Hospital Outreach/Contact (541)947-2114 ext. 441 (Francie) - Local Freedom from Smoking Advocate KCC—Klamath Community College (541)882-3521 OSU Extension Office (541)947-6054 **Senior Services** Lake County Senior Citizens Association (541)947-6035 ext. 106 (Andrea) Lakeview NA/AA Lakeview AA Group Contacts: (541)944-8176 (Ginger) (971)506-6072 (Marty) (541)892-3789 (Dick)

(541)417-0987 (Stuart) Lakeview NA Group Contacts: (541)417-0991 (Eric & Amber) (541)417-1248 (Wendy) (541)539-5722 (Mandi) (541)417-2302 (Jeremy) (541)417-2759 (Timothy Cole)

Other Resources/Assistance

Medical Insurance (help applying for health care benefits) Lake District Wellness Center (541)947-6021 Lake County Public Health (541)947-6045 (Lakeview) North Lake Public Health (541)576-2176 ext. 1 Foster Care—Department of Health & Human Services (DHS) (541)947-3172 (Lakeview) (888)811-4201 (Christmas Valley) Animal Care—Lakeview Animal Hospital (541)947-3383 SPOKES Unlimited—Resources for those with disabilities (541)883-7547 or (866)504-8995 (toll free) Eve & Vision Care Lakeview Eye Center (541)9473357 North Lake/Christmas Valley (541)554-9888 Dental Care Advantage Dental—Lakeview (888)468-0022 Mark C. Davis, DDS—Lakeview (541)947-4066 Spiritual Care & Resources (541)417-1247 Eric Sarensen—Chaplain Drug Store/Pharmacy Services Howard's Drugs (541)947-2141 Suicide Helpline 24/7 Suicide Helpline 1-800-273-8255 24/7 Youth Helpline 1-877-968-8491 or text teen2teen to 839853 **County Contacts** Chamber of Commerce (541)947-6040

(541)947-6040 Town of Lakeview (541)947-2029 (541)947-2925 (Fairgrounds)

Your Community Resource Guide

(Lakeview, Paisley, Summer Lake, Adel, Plush and Christmas Valley)



Lake Health District is an equal opportunity employer and provider www.lakehealthdistrict.org

Utility/Energy Assistance

Oregon Human Development Corp. (OHDC) (541)883-7186 www.ohdc.org KLCAS (541)882-3500

Housing/Rental Assistance

Klamath Housing Authority; HUD and Public Housing (541)884-0649 OR Human Development Corp.

(541)883-7186 option 1

Shelters

Lake County Senior Center (541)947-4966 Crisis Center—Lakeview (541)947-2449 1-800-338-7590 Emergency www.lakecountycrisiscenter.org New Beginnings & Intervention Center (541)576-3009 (Christmas Valley) 1-800-850-4838 Emergency

<u>Clothing Resources</u>

Again and Again (541)417-0533 Crisis Center (541)947-2449 Lake County Senior Center (541)947-4966

Food Resources

Lake County Senior Center (541)947-4966 TANF/SNAP (food stamps)/Women, Infants and Children (WIC) (541)883-4276 Oregon Family Nutrition (541)883-7131 Food Pantries (541)947-2957 (Lakeview) (541)947-4681 (Lakeview) (541)943-3251 (Christmas Valley) (541)943-3551 (Paisley & Summer Lake)

Food Share Program (541)947-3222 (Lakeview) Food Bank of Lake & Klamath Counties (541)882-1223 (Niki Sampson)

Counseling Services

Lake District Wellness Center—Behavioral Health, Addiction & Children's Services (541)947-6021 (All of Lake County)



Dial 2-1-1 to find available resources in our areas or search the web: www.211info.org

Family Counseling Solutions, LLC - Tara Jones, LCSW (541)515-9233

Medical/Health Providers

Lake District Hospital & Emergency Dept. (541)947-2114 Lake Health Clinic & Urgent Care (541)947-3366 Lake County Home Health & Hospice Care (541)947-7296 Lakeview Gardens: Nursing Home & Assisted Livina (541)947-2114 Warner Mountain Medical Clinic (541)947-2331 North Lake Health Clinic & Urgent Care (541)576-2343 Lake County Public Health (541)947-6045 (Lakeview) North Lake Public Health (541)576-2176 ext. 1

Women's Services

TANF/SNAP (food stamps)/Women, Infantsand Children (WIC)(541)883-4276Crisis Center—Lakeview(541)947-24491-800-338-7590 Emergencywww.lakecountycrisiscenter.orgNew Beginnings & Intervention Center(541)576-3009 (Christmas Valley)1-800-850-4838 EmergencyParenting Classes & Education(541)947-6021Breastfeeding Help & Support(541)947-2114 ext. 381 (Megan)

Prevention Resources

United Prevention Intervention Coalition (UPIC) (541)947-2114 ext. 441 Relief Chiropractic (541)880-3330 Drew's Massage (541)219-0584 Acupuncture—Paul Robbins (541)677-9899 Community Health Improvement Partnership (541)947-2114 ext. 198 (Singh)

Children's Resources

Head Start (541)947-2297 Department of Human Services—Children (541)947-2273 ext. 323 (888)811-4201 (Christmas Valley) (541)943-3551 (Paisley) Youth Mentoring Program (541)947-4880 (Lakeview) (541)576-2067 (North Lake areas) Lake County School District Counselor (541)947-2287 North Lake School District Counselor (503)502-6682 (Christmas Valley) Child Abuse Response & Evaluation Services (CARES) (541)883-6289

Parent Help Line (Spanish translator available)

1-888-485-5211

Veterans Services

Lake County Veterans Center (541)947-6043 (Lakeview) North Lake Veterans Assistance (541)815-4004 or (541)576-2950

Drug Take-Back Program

Located at the Lakeview Police Station (541)947-2504 245 North F St., Lakeview 24/7 take-back services